

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Long Day Child Care</b> 7.00am to 6.00pm</p>	<p><b>Long Day Child Care</b> 7.00am to 6.00pm</p>	<p><b>Long Day Child Care</b> 7.00am to 6.00pm</p>	<p><b>Long Day Child Care</b> 7.00am to 6.00pm</p>	<p><b>Long Day Child Care</b> 7.00am to 6.00pm</p>
<p><b>DECD Preschool Morning Session</b> 8:45am to 11:45am  <b>Afternoon Session</b> 12:15pm – 3.15pm</p>	<p><b>DECD Preschool Morning Session</b> 8:45am to 11:45am  <b>Afternoon Session</b> 12:15pm – 3.15pm</p>	<p><b>DECD Preschool Morning Session</b> 8:45am to 11:45am  <b>No Afternoon Session</b></p>	<p><b>DECD Preschool Morning Session</b> 8:45am to 11:45am  <b>Afternoon Session</b> 12:15pm – 3.15pm</p>	<p><b>DECD Preschool Morning Session</b> 8:45am to 11:45am  <b>Afternoon Session</b> 12:15pm – 3.15pm</p>
<p><b>Starting Preschool in 2019</b>            If your child turns 4 years of age before 1 May 2019 they can start preschool at the beginning of 2019. Families are encouraged to contact the centre for more information.</p>  <p><b>The Raising Children's Network website has hints and tips for helping prepare your child to start school or preschool.</b>  <a href="http://raisingchildren.net.au/">http://raisingchildren.net.au/</a></p>	<p><b>Under 8's Aboriginal and Torres Strait Islander Child Ear Health screening</b>             October 2018            (date to be advised)</p> <p>Watto Purunna offers ear checks to all Aboriginal and TSI children using our centre for long day care or kindergarten.</p> <p>Fliers and Consent forms will be placed in communication pockets when the date is confirmed.</p>	<p><b>Circle of Security</b>            8 week program            9.30 to 11.30am</p> <p>Starting Wednesday 24th October</p> <p>Free crèche provided (ask when registering)</p> <p>Understanding your child's behaviors and how to help them manage their emotions and to engage in play and learning. Supporting you when times are tough.</p> <p>To register contact us at the Children's Centre.            82482593.</p>	<p><b>Child and Family Health Nurse</b>            9 am to 12 pm fortnightly            Have your questions answered about your child's health and development. Bring your blue book.  <i>Dates: October 25th, November 8th and 22nd, December 6th and 20th</i>            Phone 1300 733 606 for an appointment mention Ocean View</p> <hr/> <p><b>Babies, Babbling and Bubbles</b>            1.30 to 2.30pm  <i>Starts 15 October (6 weeks)</i>            Playgroup for babies aged up to 11 months and their caregivers.            Register by phoning Marina, Speech Pathologist or Margot, Occupational Therapist on 82482593.</p>	<p><b>Women's and Children's Antenatal Appointments</b>             Women's and Children's Hospital            Midwifery Led Antenatal            Ocean view Clinic</p> <p>Appointment times are available from 9am to 5pm each Friday (including school holidays).</p> <p><b>Contact 1300 368 820 for an appointment (call 9 am to 4pm Monday to Friday)</b></p>

## What's on – Term 4 15 October to 21 December 2018

***Ocean View Children's Centre*** provides education and parenting support to anyone in our community.

You do not have to be attending the centre to come along to a playgroup or session, although we appreciate your registration so we can ensure a quality service.

You are invited to come in and have a chat about how we can support you and help you build upon your parenting skills.

We also invite you to share your ideas for community programs.



### ***SPOT GROUPS***

The Speech Pathologist and Occupational Therapist run regular targeted groups.

Please feel free to contact Margot (OT) or Marina (SP) on 82482593 for further information

### ***The Family Services Coordinator***

Provides assistance to families in dealing with the challenges of raising a family.

*Drop in or make an appointment.*

*Contact the Centre on 8248 2593 to arrange for a free and confidential chat.*

### **Getting to Ocean View Children's Centre**

Train: On the Outer Harbor Line, depart at the Taperoo Station. Head towards the beach to Gedville Road

Bus: Route 333 -Port Adelaide to North Haven. Depart at stop 56.

The Children's Centre is the building nearest the roundabout off of Military Road.

