



OCEAN VIEW COLLEGE
Metropolitan Canteens

Prices effective from January 2019



Sandwiches Rolls & Wraps

White/wholemeal/Multigrain

Ingredients

Choose from, Ham & Cheese, Chicken lettuce & mayo, Beef & tomato, Turkey lettuce & Cranberry, Ham Salad, Egg, lettuce & mayo, Cheese & tomato, Ham cheese & tomato, Cheese & tomato or choose your own fillings

Sandwiches		\$4.50
Rolls		\$5.00
Wraps	Half	\$3.30
Wraps	Whole	\$6.00

Salads

Chicken Caesar	\$5.00
Greek Salad	\$5.00
Garden Salad	\$5.00
Fresh Fruit (whole)	\$1.20
Fruit Salad	\$4.50
Yoghurt	\$3.00
Jelly	\$2.00

THE BAKERY

All made on site (low fat)

Cookies	from	\$1.20
Muffins		\$2.80
Slices	Commercial	\$4.40
Slices	Homemade	\$4.40



THE BAKERY

Continued

All made on site (low fat)

Sausage Rolls Homemade	\$4.00
Spinach & Ricotta Rolls	\$4.00
Quiche	\$4.00
Pasties	from \$4.00
Commercial Pies	\$4.50

Croissant		\$3.30
Croissant	Ham & Cheese	\$4.40
Croissant	Cheese & Tomato	\$3.90

Burgers & Buns

Chicken Schnitzel	\$5.50
Grilled Chicken	\$5.50
Cheeseburger	\$4.50
Beef	\$5.50
Hot Roast Beef & Gravy	\$5.50
Vegetarian Burger	\$5.50
Fish Fillet Burger	\$5.50
Hot Dogs Plain with sauce	\$4.00
Hot Dogs with Cheese & Sauce	\$4.50

MEAL SPECIALS

Pasta Dishes

Penne Carbonara	\$5.50
Penne Bolognese	\$5.50
Vegetarian Shells	\$4.50
Beef Lasagne	\$5.50
Vegetarian Lasagne	\$5.50

Rice Dishes

Vegetarian Fried Rice	\$3.90
Special Fried Rice	\$4.40

Meal Deal

<u>Cheeseburger pack</u>	
Cheeseburger, just juice , fruit	\$6.50
<u>Chicken burger pack</u>	
Small chicken burger, just juice, fruit	\$6.50
<u>Hotdog pack</u>	
Hotdog, just juice, fruit	\$6.50

Roast Meat with Roast vegetables	\$6.00
Singapore Noodles	\$5.50
Baked Potato with Toppings	\$5.50
Chicken Nuggets .90each or 5 for	\$4.50
Pizza	\$3.00
Nachos	\$4.00

**Check the school Bulletin and other
Canteen Notice Boards for daily
specials**

**Examples;
Butter Chicken, Meatball Subs, Yiros**

Canteen Price List

Prices effective from January 2019



VEGETARIAN & HALAL & GLUTEN FREE OPTIONS AVAILABLE



<u>Breakfast</u>	Available from 8-00am
Cereal and Milk ..Full Cream or Skim	\$2.50
Bacon and Egg Roll	\$4.70
Bacon and Egg Muffin	\$4.60
Egg Bacon & Sausage Wrap& Hash Brown	\$5.50
Hash brown oven baked	\$1.30



<u>Drinks</u>	
600ml Water	\$2.70
600ml Plain Milk	\$2.50
300ml Plain Milk	\$1.30
600ml Flavoured Milk	\$4.20
Up and Go Milk	\$2.80
Just Juice	\$2.20
Fruit Juice 500ml	\$4.00



Ice Creams

Selection of approved ices available from canteen

Slushies

Fruit Juice	small	\$2.00
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Crisps

Red Rock Potato Crisps 28gm	\$2.00
Vege Chips 27gm	\$2.00

MISCELLANEOUS

Breakfast

Start your day with a good filling breakfast and early is a good time to pre order and pay for lunch to avoid the queues.

Other snacks

such as Dim Sims Hash Browns, Spring Rolls, Mini Chicken Drumsticks & Nuggets (all oven baked) will be available on a rotating basis from time to time.