



Circle of Security

A Relationship Based Parenting Program

We are all “hard wired” to feel secure. This need for secure relationships is ‘built-in’ to our most important interactions throughout every hour of every day. This 8 session course is ideal for mothers, fathers, significant others, parents to be, grandparents, foster and adoptive parents or anyone that is providing care for children.

Co-facilitated by Annalise from Ocean View College Children’s Centre and Kale from Relationships Australia SA.

This course will cover:

- What your child’s behaviour might mean
- How to help your child organise their feelings
- How to help your child feel secure in their relationships
- How to help your child engage more in play and learning
- How to support you in your role as a parent when times are tough
- How to support your child in managing difficult behaviours: tantrums, attention seeking, clinginess.

When: Term 4 for 8 weeks
Wednesdays, 24th October to 12th December 2017
9:30am to 11:30am

Where: The Hub, Ocean View College, Taperoo 5017

Cost: Free

Bookings: Contact Annalise at Ocean View College Children’s Centre on 08 8248 2593



Ocean View College
Children's Centre
for Early Childhood
Development and Parenting

